

# SESSION PLAN

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**Date:** 11/02/26

**Session Number:** 3

## Materials:

- Drums and percussion box
- Hello Spring
- Guitar
- Pictures

## Objectives

1. To build the classes understanding of different note lengths and the importance of starting and stopping at the same time
2. To learn the second soundscape: “The Sounds of Spring”

## Structure:

### *Warmup*

1. Jungle Movement Game.
  - a. Walking slowly - lifting knees to step over twisty vines, push leaves away with our hands
  - b. Walking up vines, keep walking but pull our hands above heads
  - c. Walking with snapping crocodile arms
  - d. Snake - wiggle like a snake until one of us says eagle above then freeze
2. “If I were a Duck” song, set in a jungle.

### *Main Activity*

1. Learning and creating “The Sounds of Spring”. This will focus on the sounds we expect to hear in spring and the music we can add to this. We will add pictures to the sounds after half term when we recap.

### *Cool Down*

1. Goodbye song. This will include tracing different rhythms in the air with either ribbons or our hands before waving goodbye to everyone

## Evaluation:

Key points to consider are:

- how long learning/creating the soundscape took; do we need to recap?
- how engaged the class was and whether we need more movement

# INTERVENTION PLAN

Date: 11/02/26

Session Number: 3

## Materials:

- Percussion / drums
- Hello Spring book
- Eggs and Nests

## Objectives

1. To introduce ourselves to the intervention groups
2. To introduce the idea of music making and the book Hello Spring

## Structure:

### *Warmup*

1. Re-introduction of ourselves and why we're here

### *Main Activity*

1. "Egg Nest" game. We will have four boxes in front of us with 4 eggs. Each time an egg is placed into a nest we play a beat on the drums. We'll go over this multiple times with 4 beats or 3 beats and a silence to solidify the game to them. Let each student arrange the eggs how they want with the group repeating this sound back to them.

### *Cool Down*

1. Read the section of the book that we will be working on in the main session (up until the sounds of spring soundscape) so they have advanced knowledge on what to expect in the big group
2. Tell the group this is the last smaller session they have and that after half term we will see them in the main group.

## Evaluation:

Key points to consider are:

- how confidently the group participated
- whether their energy and confidence was the same across the smaller and main group sessions
- are there any unknown support needs within the group we need to accommodate for and adapt?