

Bibliography:

AKM Talent Management (2026). *AKM Talent Management*. [online] AKM Talent Management. Available at: <https://akmtalent.com/home> [Accessed 1 Mar. 2026].

Alda, A. (2005). *Never Have Your Dog Stuffed*. Random House.

Barker, G. (n.d.). *ABOUT*. [online] Boutique Talent Agency | Gavin Barker Associates Ltd | London. Available at: <https://www.gavinbarkerassociates.co.uk/about>.

Bloomfields Welch Management (2025). *Bloomfields Welch Management*. [online] Bloomfields Welch Management. Available at: <https://www.bloomfieldswelch.com>.

Bogart, A. (2001). *A Director Prepares : Seven Essays on Art and Theatre*. London Routledge.

Esper, W. and Dimarco, D. (2009). *The actor's art and craft : William Esper teaches the Meisner technique*. New York: Anchor ; Enfield.

Eyre, R. (2009). *Talking Theatre*. Nick Hern.

Konstantin Stanislavski (1936). *An Actor Prepares*. [online] Read Books Ltd. Available at: <https://www.craftfilmschool.com/userfiles/files/An%20Actor%20Prepares.pdf>.

Rudolf Von Laban and Ullmann, L. (2011). *The mastery of movement*. Alton, Hampshire: Dance Books.

Spotlight (2019). *About Us*. [online] Spotlight.com. Available at: <https://www.spotlight.com/about-us/>.

Statista. (2023). *Employment in performing arts in the UK 2023* | Statista. [online] Available at: <https://www.statista.com/statistics/384607/employment-in-performing-arts-in-the-united-kingdom-uk/?srsltid=AfmBOop43APVMSFpd8Zt6HK3l5EvRB3roOCOWKVVglJ3Ap8laXSdq9MB> [Accessed 1 Mar. 2026].

Uta Hagen (1991). *A challenge for the actor*. New York: Scribner's ; Toronto.

Uta Hagen (2008). *Respect for Acting*. Hoboken, N.J.: John Wiley & Sons.